

Tel: 0141 471 7272
Email: info@allminds.org.uk
Visit: www.allminds.org.uk



School Counselling Service Parent / Carer Consent Form

This consent form applies to young people under 13 years old (minimum age 10 years).
Please not that without a completed consent form we will be unable to offer the service.

Details of Child / Young Person			
Name:		Date of birth:	
School and class / year:		Gender:	
Home address:			
Details of Legally Responsible Adult(s)			
Name:		Relationship to young person:	
Email address:		Phone number:	
Home address:			
Emergency contact details:			

Counselling is a confidential process designed to help your child/dependent address concerns, come to a greater understanding of themselves, and learn effective personal and interpersonal coping strategies. It involves a relationship between them and a trained therapist who has the desire and willingness to help them accomplish individual goals. The outcome of counselling is often positive; however, the level of change for any individual is not predictable.

CONFIDENTIALITY:

All interactions with All Minds Counselling Services, content of sessions, progress in counselling and records are confidential.

EXCEPTIONS TO CONFIDENTIALITY:

- All therapists receive clinical supervision to ensure ongoing ethical and effective practice. Your therapist may consult with their clinical supervisor to provide the best possible care. These consultations are for professional and training purposes.
- If there is evidence of clear and imminent danger of harm to self and/or others, a therapist is legally required to report this information to the authorities responsible for ensuring safety. This may also be reported to the relevant safeguarding professional at school if the client is under 18 years old.

- The law requires that staff of Counselling Services who learn of, or strongly suspect, physical or sexual abuse or neglect of any person under the age of 18 years of age must report this information to the child protection services.
- A court order, issued by a judge, may require the Counselling Services staff to release information contained in records and/or require a therapist to testify in a court hearing.

ALL MINDS SERVICE AGREEMENT:

- Sessions will take place weekly at an agreed specified time and last 40 minutes.
- If you need to cancel your session, please contact the therapist directly as soon as possible to advise. You can also contact All Minds by phone or email: 0141 471 7272 or info@allminds.org.uk
- Occasionally, the counsellor may have to change appointment arrangements, in which case as much notice as possible will be provided.

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- **I have read and discussed the above information with the therapist. I understand the risks and benefits of counselling, the nature and limits of confidentiality, and what is expected of me as a parent/carer/guardian of a young person attending the All Minds Counselling Services.**
 - **I hereby agree to the above terms and give permission for my child/dependent to receive counselling through the All Minds Counselling Service.**
 - **I give my consent to allow All Minds to hold my child's data in accordance with the Data Protection Act 1998 and UK-General Data protection Regulation 2020. I understand that if my permission is not given to do this that services may not be made available.**
 - **I agree to the counselling my child/dependent receives being used ANONYMOUSLY for inclusion in a case study:** YES ☐ NO ☐

Signature of Parent/Carer/Guardian

Signature of Counsellor

Date

Date